

RESOURCES FOR YOUNG FATHERS, PART I

Adolescent Family Life Program / Adolescent Sibling Pregnancy Prevention Program

WEB RESOURCES

National Fatherhood Initiative (NFI)

<http://www.fatherhood.org/>

101 Lake Forest Boulevard, Suite 360, Gaithersburg, MD 20877

(800) 790-DADS or (301) 948-0599

Fax: (301) 948-4325

NFI's mission is to improve the well being of children by increasing the proportion of children growing up with involved, responsible, and committed fathers. It works to accomplish its mission through equipping and developing leaders of national, state, and community fatherhood initiatives through curricula, training, and technical assistance. Its comprehensive website has information for individuals, organizations and policy makers. The website helps to disseminate several informative resources that emphasize the importance of fathers in their children's lives. Online services include a resource catalog of NFI publications on fatherhood issues; *Fatherhood Today*, a newsletter containing advice for fathers and updates on NFI activities; *Father Facts*, an easy-to-read, comprehensive review of research and statistics on fatherhood and family trends; and links to other web resources. In addition, there are descriptions and schedules of training programs and workshops held by the NFI on a regular basis across the United States.

Department of Health and Human Services

Fatherhood Initiative

200 Independence Avenue, SW, Washington, DC 20201

<http://www.fatherhood.hhs.gov/index.htm>

The web site gives an overview of the HHS fatherhood initiative across various regions of the United States in the form of fact sheets.

California region: <http://fatherhood.hhs.gov/fi-regions.shtml>.

Toolkit for fatherhood: <http://fatherhood.hhs.gov/fi-tools.shtml>

Social Policy Action Network (SPAN)

444 North Capitol Street, Suite 309, Washington, DC 20001

(202) 434-4770

<http://www.span-online.org>

By offering policy makers reliable information about research, innovation, and insights of front-line practitioners, SPAN promotes practical and effective policies that target specific social problems. Key areas of focus include welfare reform, fatherhood, parenting, teen pregnancy prevention and early childhood education. SPAN has published many fatherhood resources for health professionals that are available on their website in PDF formats. Alternately, these resources can also be purchased by using the order form available on their website

National Center for Strategic Non-profit Planning and Community Leadership (NPCL)

2000 L Street, NW, Suite #815, Washington, DC 20036

(202) 822-6725

<http://www.npcl.org>

This site provides details about NPCL's public and customized workshop series to help community-based organizations and public agencies better serve young, low-income single fathers and fragile families. NPCL's three-day skill-building workshops are packed with information, strategies, and advice about how to recruit, counsel, and support young fathers in their quest to be actively involved in their children's lives, despite a multitude of barriers. Participants receive a range of tools and techniques designed to strengthen service delivery, including a copy of *Fatherhood Development: A Curriculum for Young Fathers*, which consists of 25 sessions to be used in parenting or peer support groups.

Bay Area Male Involvement Network

199 Porteous Avenue, Fairfax, California, 94930

Fax: (415) 454-1752

<http://www.bamin.org>

The Bay Area Male Involvement Network (BAMIN) is a partnership of several Bay Area child serving agencies who are working to increase the involvement of fathers and other significant men in the lives of children here in the Bay Area. These agencies are in Berkeley, Daly City, Emeryville, San Jose, San Francisco, Marin County, Napa, and San Mateo County. BAMIN is affiliated with the [National Practitioners Network for Fathers and Families](#), which is a membership organization for individuals and agencies who are providing services to fathers and other significant men, and the Male Involvement Project of the Families and Work Institute.

National Center for Fathering (NCF)

P.O. Box 413888, Kansas City, MO 64141

(800) 593-DADS

<http://www.fathers.com>

NCF researches and develops practical resources for fathers, conducts seminars on fatherhood and works with other organizations that serve fathers and men.

The Nurturing Father's Program

Center for Growth and Development, Inc.

1910 Glengary Street, Sarasota, FL 34231

(888) 930-1119

<http://www.nurturingfathers.com>

A new paradigm for fathering, this 13-week program is offered by trained facilitators to develop healthy attitudes and skills for male nurturance. Areas of focus include parenting, disciplining without violence, anger management, balancing work and parenting, communication, etc. The curriculum developed for this program is available for on-line purchase by other agencies.

Survival Skills for Men

Survival Skills Education and Development (SSED)

2801 Claflin Road, Suite 150, Manhattan, KS 66502

(785) 776-4902

<http://www.ssed.org>

Through a series of 10 topic workshops, this field-tested program for men imparts skills that promote successful life, family, and employment relations. Training is done by trained facilitators and has been successfully used in many organizations nationwide including California. Training materials are also available for purchase by visiting their website.

La Pa's (New Father's Issues)

Transformations of Fatherhood

211 W. Myrtle, Fort Collins, CO 80521

(970) 495-4624

<http://www.lapas.org>

La Pas provides resources for expectant fathers on what to expect after their babies are born. Its resources include a video (\$30) that prepares new fathers to face challenges of fatherhood, newsgroups, and web-based resource links.

National Center on Fathers and Families (NCOFF)

University of Pennsylvania, 3440 Market Street, Suite 450, Philadelphia, PA 19104-3325

(215) 573-5500

<http://ncoff.gse.upenn.edu>

NCOFF conducts research and develops resources on father involvement, family efficacy, and child well being. It offers a fatherhood literature database, an events database, and a fathering program database for professionals to locate materials, trainings, and information about other organizations working to promote issues for fathers and men.

National Head Start Association (NHSA)

1651 Prince Street, Alexandria, VA 22314

(703) 739-0875

<http://www.nhsa.org>

NHSA provides a continuous forum for the enhancement of Head Start services for children. The Male and Father-Involvement Initiative at NHSA shows Head Start ways to draw men and fathers back into the lives of children and their families. This website offers very good resources for organizations that offer programs for children and their families.

PATIENT EDUCATION MATERIALS**10 Ways to be a Better Dad (2002)**

National Fatherhood Initiative

Cost: \$0.25 per copy

Reading level: 7th grade

This four-color brochure contains easy and helpful suggestions to help any dad become a more effective father. The material is sensitive to the needs of young fathers. Spanish version is also available.

Keeping Your Child Safe – From Newborn to Toddler (2002)

National Fatherhood Initiative

Cost: \$0.25 per copy

Reading Level: 7th grade

Keeping children healthy and safe is the common concern for all parents. This checklist provides fathers with the information they need to childproof their home and prevent common household accidents. It is an ideal resource for teen fathers.

So You're A New Father or About to Become One! (2002)

National Fatherhood Initiative

Cost: \$0.25 per copy

Reading level: 7th grade

This eight-page brochure contains a ten-point plan to get any dad towards enjoying and succeeding in a job of a lifetime- being a dad!

Questions and Answers for Non-Custodial Fathers— A question and answer resource on paternity establishment and child support (2000)

Center on Fathers, Families, and Public Policy

Cost: \$3 per copy

Reading level: 11th grade

This handbook will help health professionals working with teen fathers to help them negotiate paternity establishment and child support enforcement systems. It describes various situations faced by fathers such as establishing paternity of unborn child, employment and providing child support. Includes a list of top ten things fathers should know while negotiating the child support enforcement system.

Father-Friendliness Organizational Self-Assessment and Planning Tool for Early Childhood Education Programs

National Head Start Association (NHSA)

Cost: Free

NHSA has developed this tool to assist organizations assess their readiness to provide services to fathers/father figures and their commitment and ability to serve the whole family rather than just the mother and children. It can be downloaded at http://www.nhsa.org/parents/pdfs/org_self_assess.pdf.

What You Can Do to Promote Father Involvement (2001)

Social Policy Action Network

Cost: Free

Reading Level: 11th grade

Organizations can use information in this two-page document to enhance services provided to fathers within their programs. In a simple and straightforward manner, this material provides professionals key points on how to organize programs to increase father involvement, how to educate other professionals outside of their agencies, how to work collaboratively within the community and advocate for better resources, help and support for fathers in the community. This material can be downloaded from the SPAN website at http://www.span-online.org/fatherhood_promote_involvement.pdf.

This list is available on the AFLP webpage via the California Maternal and Child Health website at <http://www.mch.dhs.ca.gov/programs/aflp/aflp.htm>.

This annotated list was developed by the Health Education Resource Center at Education Programs Associates, a Division of California Family Health Council, Inc. as part of the AFLP/ASPPP Statewide Technical Assistance and Training Project. January 2003.